



COMMUNITY HEALTH LINKS:



Please find below a useful list of community health support services that may support your wellbeing. Please do not hesitate to speak to one of our friendly team members if you would like any more information.

Independence Australia

1300 704 456

www.independenceaustralia.com.au

Medical supplies, mobility aids and continence products. Supplies NDIS and DVA Clients

Dementia Australia

1800 100 500

www.dementia.org.au

Support, Information, and education for people living with Dementia and their Carers/family members

National Disability Insurance Scheme (NDIS)

1800 800 110

www.ndis.gov.au

NDIS aims to support a better life for Australians with significant and permanent disability

Department of Veterans Affairs

1800555254

www.dva.gov.au

Support for those who serve, or have served in defence of our nation, and their families

Leef Independent Living Solutions

3/57 Magill Rd, Stepney SA 5069

13 53 33

www.leef.com.au

Mobility and independence aids

Beyond Blue

1300 224 636

www.beyondblue.org.au

Information and support for people with mental health issues.

Aged Rights Advocacy Service

16 Hutt St, Adelaide SA 5000

1800 700 600

www.sa.agedrights.asn.au

The Aged Rights Advocacy Service (ARAS) offers a free, confidential, and state-wide service to older people, or their representatives

Women's Health Service

47 Dale St, Port Adelaide

8444 0700

www.whs.gov.au

Clinical and emotional health and wellbeing services

Shine SA

57 Hyde St, Adelaide SA 5000

8300 5300

www.shinesa.org.au

Primary care services and education for sexual and relationship wellbeing

Heart Foundation

13 11 12

www.heartfoundation.org.au

Support for Australians living with heart disease

Diabetes Australia

1800 637 700

www.diabetesaustralia.com.au

Support for Australians living with Diabetes